## Gloucester County Senior Nutrition Program – December 2018

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>Broccoli Cheese Soup/Crackers</td>
<td>BBQ Roast Loin of Pork</td>
<td>Beef &amp; Bean Chili</td>
<td>Chefs Choice of Soup/Crackers</td>
<td>Potato Encrusted Fish</td>
</tr>
<tr>
<td>Beef Meatloaf/Gravy</td>
<td>Sweet Potatoes</td>
<td>Brown Rice</td>
<td>Roast Chicken Breast/Gravy</td>
<td>Macaroni &amp; Cheese</td>
</tr>
<tr>
<td>Scalloped Potatoes</td>
<td>Italian Green Beans</td>
<td>Mixed Vegetables</td>
<td>Garlic Mashed Potatoes</td>
<td>Steamed Tomatoes</td>
</tr>
<tr>
<td>Glazed Carrots</td>
<td>Wheat Bread</td>
<td>Corn Bread</td>
<td>Spinach</td>
<td>Wheat Bread</td>
</tr>
<tr>
<td>White Dinner Roll</td>
<td>Peaches</td>
<td>Jello w/Topping</td>
<td>Wheat Bread</td>
<td>Ketchup/Tartar Sauce</td>
</tr>
<tr>
<td>Fresh Orange/Or in Season Fruit 2% Milk</td>
<td>2% Milk</td>
<td>2% Milk</td>
<td>Fruit Cocktail</td>
<td>Vanilla Pudding</td>
</tr>
<tr>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>Chicken Parmesan Rigatoni w/Tomato Sauce</td>
<td>Cream of Spinach/Soup/Crackers</td>
<td>BBQ Pork Riblet w/Sautéed Onions</td>
<td>Tomato Soup/Crackers</td>
<td>Turkey open face on White Bread</td>
</tr>
<tr>
<td>Green Beans</td>
<td>Roast Beef w/gravy</td>
<td>Baked Beans</td>
<td>Tuna Salad</td>
<td>Pineapple Sauce</td>
</tr>
<tr>
<td>Green Salad w/Italian Dressing</td>
<td>Mashed Potatoes</td>
<td>Cauliflower/Broccoli w/cheese sauce</td>
<td>Lettuce leaf w/Sliced Tomato</td>
<td>Sweet Potato</td>
</tr>
<tr>
<td>Wheat Bread</td>
<td>Peas and Carrots</td>
<td>Hamburger Roll</td>
<td>Macaroni Salad</td>
<td>Harvard Beets</td>
</tr>
<tr>
<td>Fruit Cocktail</td>
<td>Whole wheat bread</td>
<td>Apple Sauce</td>
<td>3 Bean Salad/ Wheat Bread</td>
<td>Chocolate Pudding</td>
</tr>
<tr>
<td>2% Milk</td>
<td>2% Milk</td>
<td>2% Milk</td>
<td>Banana or Fresh fruit of Season</td>
<td>2% Milk</td>
</tr>
<tr>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>Roasted Pork w/Gravy Egg Noodles</td>
<td>Chicken Orzo Soup/Crackers</td>
<td>Ham Slice/Pineapple Sauce</td>
<td>Navy Bean Soup/Crackers</td>
<td>Philly Steak Sandwich w/cheese</td>
</tr>
<tr>
<td>Buttered Peas</td>
<td>Beef Salisbury Steak w Gravy</td>
<td>Mashed Sweet Potatoes</td>
<td>Chicken Cacciatore</td>
<td>Roll and fried onions</td>
</tr>
<tr>
<td>Wheat Bread</td>
<td>Slice panko Potatoes</td>
<td>Cabbage</td>
<td>Penne Pasta</td>
<td>Oven Roasted Potatoes</td>
</tr>
<tr>
<td>Tidbits Pineapple</td>
<td>Broccoli</td>
<td>Wheat Bread</td>
<td>Vegetable Medley</td>
<td>Succotash</td>
</tr>
<tr>
<td>2% Milk</td>
<td>Wheat Bread</td>
<td>Birthday Cake</td>
<td>White Dinner Roll</td>
<td>Tapioca Pudding</td>
</tr>
<tr>
<td>2% Milk</td>
<td>2% Milk</td>
<td>2% Milk</td>
<td>Orange Sherbet</td>
<td>2% Milk</td>
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<tr>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>BBQ Chicken EP drumstick</td>
<td>HAPPY HOLIDAYS</td>
<td>Spaghetti</td>
<td>Corn Noodle Chowder/Crackers</td>
<td>Pork Loin w/Gravy</td>
</tr>
<tr>
<td>Scalloped Potatoes</td>
<td></td>
<td>Beef meatballs/Tomato Sauce</td>
<td>Egg Salad</td>
<td>Garlic Mashed Potatoes</td>
</tr>
<tr>
<td>Green Peas &amp; Carrots</td>
<td></td>
<td>Italian Green Beans</td>
<td>Parti Salad</td>
<td>Brussels Sprouts</td>
</tr>
<tr>
<td>Mandarin Oranges</td>
<td></td>
<td>Green Salad w/Italian Dressing</td>
<td>Best Salad</td>
<td>Wheat Bread</td>
</tr>
<tr>
<td>2% Milk</td>
<td></td>
<td>White dinner Roll</td>
<td>Dinner Roll</td>
<td>Butteredcorn Pudding</td>
</tr>
<tr>
<td>2% Milk</td>
<td></td>
<td>Strawberry ice cream</td>
<td>Pears</td>
<td>2% Milk</td>
</tr>
</tbody>
</table>

A Fruit Juice is 100% Fruit Juice.
<table>
<thead>
<tr>
<th>Lunch Sites</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>11:00AM</strong></td>
</tr>
<tr>
<td><strong>Service Time</strong></td>
</tr>
<tr>
<td><strong>Telephone</strong></td>
</tr>
<tr>
<td><strong>Site Manager</strong></td>
</tr>
<tr>
<td><strong>Service Time</strong></td>
</tr>
<tr>
<td><strong>Telephone</strong></td>
</tr>
<tr>
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<tr>
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<tr>
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**Division of Senior Services Nutrition Program**

Gloucester County, Department of Health & Human Services